

Recommended Preventive Screenings and Immunizations for Adolescents Ages 7-18

		7-10 Years	11-12 Years	13-18 Years
Recommended Immunizations	Vaccine			
	Pneumococcal (PPSV 23)	For high-risk groups ¹		
	Meningococcal		Meningococcal ²	Catch-up immunizations Booster at age 16
	Human Papillomavirus (HPV)		<input type="checkbox"/> 3 doses	
	Diphtheria, Tetanus, Pertussis (Tdap)	Catch-up immunizations	Tdap	Catch-up immunizations
	Influenza (Flu)	Annually	Annually	Annually
	Hepatitis A (Hep A)	Catch-up immunizations		
	Hepatitis B (Hep B)	Catch-up immunizations		
	Inactivated Poliovirus (IPV)	Catch-up immunizations		
	Measles, Mumps, Rubella (MMR)	Catch-up immunizations		
	Varicella (VAR)	Catch-up immunizations		
Recommended Screenings	Service			
	Routine Health Exam	Annually	Annually	Annually
	Body Mass Index	BMI during routine health exam	BMI during routine health exam	BMI during routine health exam
	Dental Visit	Every 6-12 months, or as your dentist suggests	Every 6-12 months, or as your dentist suggests	Every 6-12 months, or as your dentist suggests

Shaded boxes indicate the vaccine can be given during the shown age range.

Source: The U.S. Preventive Services Task Force and Center for Disease and Control

Notes:

- Our guidelines are for people who do not have symptoms of disease or illness. People who do show symptoms of disease or illness fall outside these guidelines. Such people should be treated by their providers as needed.
- The following guidelines are not a guarantee of New Mexico Health Connections (NMHC) coverage.
- All or some of these services may be covered by NMHC, depending on your policy.

^{1,2} – Talk to your healthcare professional about these vaccines.