Beginning March 1, 2017, New Mexico Health Connections will offer a new nurse advice line just for our members. The **NMHC Care Connect Line** is staffed by nurses who can give you expert guidance and education for non-urgent illnesses or injuries.

**The NMHC Care Connect Line:**
- Is available 24 hours a day, seven days a week. Call **1-844-308-2552**.
- Is staffed by experienced registered nurses.
- Is available to New Mexico Health Connections members and their eligible dependents.
- Includes the use of more than 400 nationally recognized triage guidelines for pediatric, adult, women’s, and behavioral health issues.
- Will offer callers help with finding a primary care provider (PCP), if they need it. Nurses can also refer callers to New Mexico Health Connections’ Case Management and Disease Management programs.

If you have an illness, injury, or health question that is not an emergency and you’re not sure what action to take, call the NMHC Care Connect Line: **1-844-308-2552**.

When seeking healthcare services, remember:

- If you have a medical emergency, call 911.
- If you have non-critical health problems and can’t see your regular provider right away, go to the nearest in-network urgent care center.
- If you need help with a medication, call your pharmacy and speak with a pharmacist, or call your provider.
- If you have non-emergent health questions, call your provider’s office.
- If you do not have a primary care provider, we are glad to help you find one. Call the Care Connect Line at **1-844-308-2552**, or call NMHC Case Management at **1-844-691-9984**.

Putting the care back in healthcare.